

mi skin matters



movement

- Do you feel the individual's mobility has reduced today?
- Has the individual been sat in the same position bed or chair for more than 2 hours?
- Is the individual less able to change their own position today?

ill

- Has the individual been started on any medication today?
- Are you worried that they are showing signs of becoming ill?
- Has the individual been more sleepy/drowsy than normal today?

sore

- Has the individual been complaining of soreness today?
- Has the individual been restless and struggling to get comfortable?
- Have you observed any red areas on the individual today?

keep monitoring

- Have you had to keep a closer eye on the individual today because you feel something just isn't right?
- Have family members or others approached you with concerns about the individual today?
- Have you been happy that the surfaces the individual has been lying or sitting on are still appropriate?

incontinence

- Has the individual had a new episode of incontinence today?
- Has the individual any signs of loose bowels, constipation or urine infection today?
- Has the individual's continence pad leaked today?

nutrition

- Have you been concerned about the individual's food intake today?
- Have you been concerned about the individual's fluid intake today?
- Have you had to introduce more support to assist the individual to eat or drink today?