

SSKIN mini quiz

#stopthepressurelincoln

Mark Collier

Tissue Viability Nurse
Consultant

United Lincoln Hospitals
NHS Trust

STOP THE PRESSURE...

SSKIN Mini-Quiz



United Lincolnshire Hospitals NHS Trust



***Mark Collier, Lead Nurse/Consultant - Tissue Viability,
United Lincolnshire Hospitals NHS Trust
mark.collier@ulh.nhs.uk***

Question 1

What does the second S of SSKIN stand for?

- Surface (green)
- Skin Inspection (red)

Question 2

What is the prime function of an alternating pressure mattress (APM), such as a Nimbus III?

- Pressure reduction (green)
- Pressure relief (red)

Question 3

Which of the following skin discolouration is the most important to identify and report when inspecting a patient's skin?

- Blanching (green)
- Non-blanching (red)

Question 4

How would you categorise?



- Pressure ulcer (green)
- Moisture lesion (red)

Question 5

All pressure ulcers are preventable?

- True (green)
- False (red)

Question 5: Answer

Hibbs, P. (1988) suggested that 95% of all pressure ulcers are avoidable.

Although everybody would agree that *ALL* avoidable pressure ulcers should be prevented, there is now evidence in the literature to suggest that around 43% of all pressure ulcers can be deemed to be avoidable.

Dowie F, Guy H et al (2013) Are 95% of hospital acquired pressure ulcers avoidable? *Wounds* 9:3 16-22

Question 6

Who is responsible for the application of the principles that underpin SSKIN in clinical settings?

- Everybody (green)
- All healthcare professionals (red)

ANY QUESTIONS?

