SSKIN mini quiz

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STOP THE PRESSURE...
SSKIN Mini-Quiz

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Question 1

What does the second S of SSKIN stand for?

- Surface (green)
- Skin Inspection (red)
Question 2

What is the prime function of an alternating pressure mattress (APM), such as a Nimbus III?

- Pressure reduction (green)
- Pressure relief (red)
Question 3

Which of the following skin discolouration is the most important to identify and report when inspecting a patient’s skin?

• Blanching (green)
• Non-blanching (red)
Question 4

How would you categorise?

- Pressure ulcer (green)
- Moisture lesion (red)
Question 5

All pressure ulcers are preventable?

• True (green)

• False (red)
Hibbs, P. (1988) suggested that 95% of all pressure ulcers are avoidable.

Although everybody would agree that ALL avoidable pressure ulcers should be prevented, there is now evidence in the literature to suggest that around 43% of all pressure ulcers can be deemed to be avoidable.

Question 6

Who is responsible for the application of the principles that underpin SSKIN in clinical settings?

• Everybody (green)

• All healthcare professionals (red)
ANY QUESTIONS?