

Student nurse design for SSKIN

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University of Lincoln

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SSKIN: For Students, BY Students.

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S - Shadow

- Important to spend time shadowing a Tissue Viability Nurse:
 - When do you need their expertise?
 - Learn from their experiences.
 - Your responsibility to arrange to spend an insight day with TVN's to supplement your university learning.

36. You must ensure any advice you give is evidence-based if you are suggesting healthcare products or services.

S – Signs/Symptoms

- Understand and recognise the early signs of pressure ulcers or potential/further damage:
 - Start to form a care plan and ensure appropriate action is taken.
 - To educate the patient and their families in ways to prevent potential/further damage.
 - Also improves patient-centred care – by improving nurse-patient communication.

54. You must act immediately to put matters right if someone in your care has suffered harm for any reason.

K - Knowledge

- As new guidelines are coming out, we know and understand how to apply these in practice:
 - Read, Read, READ!
 - Challenge yourself and develop your own best methods of nursing based on your own evidence-based research.
 - Training doesn't stop at the end of a module, end of the year or the end of training.

40. You must keep your knowledge and skills up to date throughout your working life.

I – Innovate/Implement

- If you have any ideas to improve practice, share it!
 - If you observe something that could be improved on, go and speak to your mentor/ward manager.
 - **Be the change you want to see.**

22. You must work with colleagues to monitor the quality of your work and maintain the safety of those in your care.

N - NMC

- Nurses are accountable for all action:
 - NMC Code of Conduct: YOU, as students, are accountable for all action/knowledge you have
 - This is equally important for all healthcare professionals regardless of level, branch or speciality.

Page 1: We exist to safeguard the health and wellbeing of the public.