

Camden Residential Care Home - Derbyshire

Using LPZ to reduce pressure ulcers

Background

Camden Residential Care Home have taken part in the LPZ since it started in November 2015. The home has implemented the REACT TO RED (pressure ulcer training pack) as part of their mandatory training programme for all staff and it has greatly increased staff awareness of how pressure ulcers develop and what steps/precautions need to be taken to reduce the risks. They have used staff meetings and handovers to cascade the learning which has also encouraged wider discussions between the team.

What are the benefits of taking part in the LPZ audit?

- Reduction in the numbers of pressure ulcers developing as Carers are able to recognise potential damage at an earlier stage and put interventions in place
- Reduced call outs of other professionals such as community nurses, as care home staff 'React' quicker and have the confidence to monitor and maintain skin integrity
- Enhanced quality of life for residents
- Increased confidence from the Care Home manager, who feels far more knowledgeable when meeting other health care professionals
- Improved working relationship between care home and NHS staff
- Use of other resources from the East Midlands Academic Health Science Network is helping to raise the profile of other conditions such as Delirium, ensuring staff are more aware of different conditions and the importance of early intervention

Paula told us ...

"It is not as scary as people think. The whole audit is very simple to do and does not cause too much disruption to either residents or staff on the audit day itself. The LPZ team provide you with all the tools and the practical help needed to complete the audit and then follow this up after the audit sharing with you the results of your own home. All of the data collected is anonymous and only you can see your data".

Contact

For more information please contact paula.doyle@ashahealthcare.co.uk

East Midlands

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Care Home Manager

"I am now happy to stand up at conferences and share with others our experience of LPZ, which is something I never dreamed I'd do"