Skin matters

- Movement
- Incontinence
- Nutrition
- Monitoring
Movement — Do you feel the individual’s mobility has reduced today?
Has the individual been sat in the same position bed or chair for more than 2 hours?
Is the individual less able to change their own position today?

Ill — Has the individual been started on any medication today?
Are you worried that they are showing signs of becoming ill?
Has the individual been more sleepy/drowsy than normal today?

Sore — Has the individual been complaining of soreness today?
Has the individual been restless and struggling to get comfortable?
Have you observed any red areas on the individual today?

Keep Monitoring — Have you had to keep a closer eye on the individual today because you feel something just isn’t right?
Have family members or others approached you with concerns about the individual today?
Have you been happy that the surfaces the individual has been lying or sitting on are still appropriate?

Incontinence — Has the individual had a new episode of incontinence?
Are there any signs of loose bowels, constipation or urine infection today?
Has the individual’s continence pad leaked today?

Nutrition — Have you been concerned about their food intake today?
Have you been concerned about the individual’s fluid intake today?
Have you had to introduce more support to assist the individual to eat or drink today?
For more information, contact your Barchester Care Specialist