

Beechdale House Care Home, Nottingham

Using LPZ and the 'Safety Cross' to understand safety issues to monitor and reduce patient falls

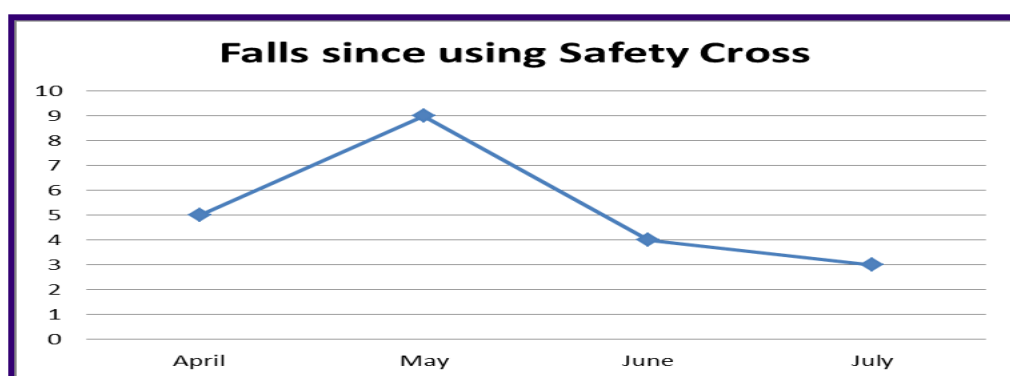
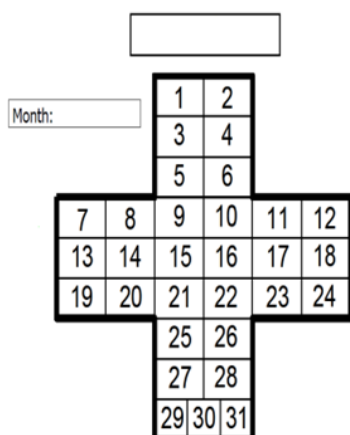
Background

Beechdale House Care Home, took part in the LPZ project for the first time in 2016. The home had been through a difficult time and needed something to help them to focus on the issues that were important to them as a home. LPZ was a great opportunity to learn new things.

Prior to the audit, Beechdale believed that the biggest problem was pressure ulcers. Training received at the East Midlands Academic Health Science Network's Patient Safety Collaborative (PSC) event and the care home's own audit data revealed that pressure ulcers weren't actually a concern. However, the number of falls were, and Beechdale was determined to address this to ensure they were providing the best possible care for residents.

What did Beechdale do?

Attended a workshop at the LPZ results event facilitated by the specialist falls team who introduced them to the Safety Cross (see below). The cross is used each time a resident falls, the relevant day of the month is coloured in for the fall and the cross is displayed in the staff area. Safety crosses can be used to visualise any issue and are incredibly simple to use while also being highly effective.



How has this helped?

- It has raised awareness for all staff, as the cross is displayed in the staff room and the results can be seen at a glance each month by all staff
- It has led us to increase our knowledge and vigilance around falls and any themes and trends such as where and when the falls occur
- Staff now have the confidence to pass on any concerns regarding falls, what may cause a fall and any hazards, so that we can take more pro-active steps to prevent?

Feedback

"The LPZ gives us more knowledge about common care problems that our residents are at risk of and it is a great way of updating training for our staff, having knowledge in areas that we are unsure about. The events give you time to discuss with others what they do, and share experiences, and the meetings are relaxed and friendly. Each person with something to ask or say is listened to and supported" **Registered Manager**

Contact

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